

# BREAKFAST MENU

## FOR THE TABLE

Tea & coffee

### Toast

with butter & preserves

### Fruit juice

apple, orange, cranberry

*Please choose from our continental buffet and one cooked classic*

## CONTINENTAL CHOICE

### Selection of cereals

Cornflakes, muesli, Bran Flakes, Weetabix, Coco Pops, granola, Rice Krispies

### Scottish porridge

with water or milk, berry compote & honey on the side

### Pastry selection

### Natural & fruit flavoured yoghurts

### Seasonal sliced fruits platter

## KIDS

### The Great British Breakfast

smoked & unsmoked bacon, Cumberland sausage, black pudding, baked beans & two free-range local eggs cooked the way you like - fried, poached or scrambled

### Omelette

with a choice of ham or cheese

## COOKED CLASSICS

### 'The Great British Breakfast'

smoked & unsmoked bacon, Apex signature sausage, black pudding, grilled tomato, flat mushroom, baked beans & two free-range local eggs - fried, poached or scrambled

### 'The Vegetarian'

two free-range local eggs (fried, poached or scrambled), hash browns, vegetarian sausage, spinach, grilled tomato, Portobello mushroom, baked beans

### Smoked Scottish kippers

with poached eggs

### Smoked haddock

poached in milk with poached egg

### Smashed avocado

poached egg on toasted sourdough

### Smoked salmon & scrambled egg

on toasted sourdough

### American pancakes

served with berry compote & maple syrup

### American pancakes

served with crispy bacon & maple syrup

### Eggs Benedict

toasted muffin, poached eggs, ham, Hollandaise sauce

### Eggs Florentine

toasted muffin, poached eggs, spinach, Hollandaise sauce

### Eggs Royale

toasted muffin, poached eggs, smoked salmon, Hollandaise sauce

### Three egg omelette

with choice of ham, mushroom, tomato & cheese

This is a disposable, single use menu & will be recycled after use

✓ - Vegan

All our food is prepared in a kitchen where nuts, gluten and other food allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full information is available, please ask a team member for details.